

MNemploymentcenter.org

The Minnesota Employment Center (MEC) is a program that provides career solutions and customized support for the Deaf, DeafBlind and Hard-of-Hearing communities in Minnesota. MEC is a collaboration between Rise Incorporated and Lifetrack, with support from the State of Minnesota.

No matter what your work history or job interests are, MEC can help you find a great career today — free of charge. Contact us to learn more and get started.

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Minnesota Employment Center



Career solutions for
Deaf, DeafBlind and
Hard-of-Hearing
communities.

Creative solutions.

Individualized support.

MEC



Minnesota
Employment
Center



From developing resumes to interview coaching to job placement and customization, MEC can help you find the job you want.

MEC works with you to unlock your potential, from your first job search to ongoing job coaching and support when you need it.



Resume and cover letter development

Job searches and contacting potential employers

Interviews, job shadowing and company tours

Job customization and support to fit your needs

Employer training and communications setup

Ongoing job coaching and training to help grow your skills and interests



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